

Bachelor of Education in Health and Physical Education Model Study Plan (2020-2021 Cohort onwards)

For Students Admitted to the University from the Fall Semester
Total Degree Credit hours: 126

Semester	Course Code	Course Title	CH	Course type	Semester	Course Code	Course Title	CH	Course type
Year 1 1 (Fall)	ESPA102	Introduction to Academic English For Education	3	Gen Ed Course (Cluster 1: Area 2: English Communication)	Year 1 2 (Spring)	PHE206	Adapted Physical Education	3	Prof. Requirement
	PHI180	Critical Thinking	3	Gen Ed Course (Cluster 1: Area 4: Critical Thinking)		CUR101	Educational Technology	3	Prof. Requirement
	HSS105	Emirates Studies	3	Gen Ed Course (Cluster 2: Area 3: Emirates Society)		CEED102	Professional Ethics in Education	3	Prof. Requirement
	Elective	Student choice	3	Gen Ed Course (Cluster 2: Area 1: Humanities and Fine Arts)		SDI112	Fourth Industrial Revolution	3	Gen Ed Course (Cluster 1: Area 5: Fourth Industrial Revolution)
	Elective	Student choice	3	Gen Ed Course (Cluster 3: Area 1: Natural Sciences)		ISLM100	Islamic Culture	3	Gen Ed Course (Cluster 2: Area 4: Islamic Culture)
Year 2 3 (Fall)	STAT101	Statistics in the Modern World	3	Gen Ed Course (Cluster 1: Area 5: Quantitative Reasoning)	Year 2 4 (Spring)	GES221	Fundamentals of Innovation and Entrepreneurship	3	Gen Ed Course (Cluster 1: Area 1: Innovation and Entrepreneurship)
	GES1121	Sustainability	3	Gen Ed Course (Cluster 3: Area 2: Sustainability)		PHE206	School and Community Health	3	Prof. Requirement
	PHE200	Foundations of Health and Physical Education	3	Prof. Requirement		PHE207	Exercise Physiology	3	Specialization
	PHE204	Human Anatomy and Physiology	4	Specialization		PHE208	Motor Learning	3	Specialization
	PHE202	Invasion Games	2	Specialization		PHE209	Track and Field	2	Specialization
PHE203	Swimming	2	Specialization	PHE305	Health and Physical Education Curriculum	3	Prof. Requirement		
Year 3 5 (Fall)	PHE314	Biomechanics	3	Prof. Requirement	Year 3 6 (Spring)	PHE312	Evaluation and Assessment in Health and Physical Education	3	Prof. Requirement
	PHE302	Physical Fitness Conditioning	3	Specialization		PHE402	Exercise Psychology	3	Prof. Requirement
	CEED101	Learning Communities	3	Prof. Elective		PHE310	Health and PE Teaching Methods for Elementary Education	3	Prof. Requirement
	PHE315	Child and Health Development	3	Specialization		PHE407	Health, Physical Activity, and Nutrition	3	Specialization
	PHE301	Health and PE Teaching Methods for Secondary Education	3	Prof. Requirement		PHE306	Personal Health and Wellness	3	Specialization
PHE308	CPA and First Aid	3	Specialization	PHE309	Individual and our Sports	2	Specialization		
Year 4 7 (Fall)	PHE406	Aerobic Fitness	3	Specialization	Year 4 8 (Spring)	PHE408	Capstone Experiences in Health and Physical Education	3	Specialization
	PHE405	Medical Arts	3	Major Elective		PHE409	Student Teaching in Health and Physical Education	9	Field Experience
	CEED350	Educational Research	3	Prof. Requirement					
	PSY304	Developmental Psychology	3	Specialization					
	PSY311	Educational Psychology	3	Gen Ed Course (Cluster 2: Area 2: Social and Behavioral Sciences)					